# **Multiple Myeloma**

# Poly-MVA Cancer Patient Testimonials

# **Betty Grainger**

Date: January 6, 2006

No Picture Available

Diagnosis: Multiple Myeloma

# 6 Updates

11-1-10 - 11-21-11 - 1-16-13 5-17-13 - 2-24-14 - 10-07-15

My experience with **Poly-MVA** has been very positive. I actually heard about the product years ago in a **newsletter from Dr. Sinatra**. I started taking it, but only small amounts at that time since I did not have actual myeloma, only the markers for it.

In July 2005 my lab tests came back positive for Multiple Myeloma. Because of a family commitment, I did not start treating until February 2006. I was put on Melphalan and Prednisone. I did a series of cycles along with Zometa.

My proteins came down and my oncologist took me off all cancer meds for a number of months. The only side effects I have ever encountered are foot neuropathies and fatigue.

There was no hair loss and no nausea(because of Poly-MVA). When my proteins started to go up again, I went back on chemo, this time Velcade and Decadron. I had been on that for a number of cycles, and since last May, I have once again been off all cancer meds.

My oncologist does not say I am in remission, but does say I'm pretty stable. Every six months I have bone marrow punch, full body x-rays, 24 hr urine drop and blood work. When I am in treatment, I have lab work weekly, I will see my oncologist in early February and at that time

he may put me back on chemo depending on my tests. This time it will still be Velcade, but by injection once a week.

I use Poly-MVA daily and can't imagine going without it. My family and I believe, even though the cost is high, that Poly-MVA has saved me from serious side effects and very possibly helps keeps my myeloma in check.

Thank you Poly-MVA."

## **Betty Grainger**

#### 11-1-2010

Spoke to Betty. She will have a **metastatic bone test in December** and is **still taking her 12 tsps of Poly mva per day**. She is taking other supplements as well but is off the MEDS. She has been off of Valcade, Decadron and any other meds for 1 1/2 years. **Her counts are still pretty stable** so her Doctor is not concerned. She wants to remain stable so is taking this level of dosage.

#### 11-21-2011

Betty is **doing well and has not been on any conventional treatments** since last May. She will have tests in February to see if she can **continue on with the Poly and 4 Corners only**. She continues to take 8 tsp of Poly-MVA.

#### 1-16-2013

Betty broke her wrist and is recovering. She weighs about 80 pounds and said **she is taking 4 teaspoons of Poly daily but her protein levels are starting to go up**. She may be going in for Velcade by IV to try and correct the increase. **She may also go back on 8 tsp.** 

### 5-17-2013

"I promised to keep you up to date on my myeloma. I am going back in for chemo on June 13th. This time around it will be by injection once weekly with Velcade (and whatever else he puts in). I've been off all chemo for about two years. My oncologist treats it as a chronic disorder and so when my proteins move up (which has been very gradual over this period of time) then he starts chemo again.

So now, here we are. BUT I broke my wrist at Thanksgiving (4 weeks in cast-3 more in splint and then rehab for that). This was followed by one of my morning walks and suddenly I felt dizzy and sat down on the curb until it passed. I forgot all about this for a number of weeks and once again in the market I had the same feeling and hung on to the cart until it passed. Now several things happened at once. Stan got after me to see a neurologist. This I did. I had a CT of my head (and yes, I do have a functioning brain, although my son says the picture is like a brand new brain, but it's never been out of the box).

The neurologist also had this weird test where they grease your hair up and put the electrodes on your scalp. Came out of there looking like Rod Stewart! (The answer to these tests was that there was nothing unusual about them. So then I had my carotids checked--same thing nothing unusual for my age.

At this point I had an appointment with my oncologist and he decided he wanted more tests to assess everything before starting on a round of chemo.

He sent me to our cardiologist and I wore the holter? halter? for five days and have also had a Echo cardiogram. I still have to do full body x-rays and a bone marrow punch (these two are yearly tests for my doctor).

I feel fine, I'm always tired because I'm always on the move. I'm actually doing o.k. so far. And Poly, I love you! I take it daily no matter what. For now this is to keep you guys informed and after the 13th when I'm back on chemo, I'll let you know how my tests came out, etc., etc.

BG

#### 2-24-2014

Spoke to Betty and she said her doctor said she was an old frail lady so he is **only giving her a mild dose of Velcade**. I told her it was best she was and that probably accounts for why she is doing so well. **She has not lot any hair and feels good**. She will be going for tests in the future so **she is going to raise her Poly from 4 tsp to 8** and keep in touch.

#### 10-07-2015

Betty just had chemo yesterday. She has decided she may need to discontinue Poly because she can't afford the 4 tsp a day. I suggested she go down to 2 tsp. a day rather than stop. She will do so. She also will find out the type of chemo shot she gets and what stage they consider her MM to be and will let me know next week. She called back and told me it is not staged it is IGA and chemo Velcade.