Multiple Myeloma

Poly-MVA Cancer Patient Testimonials

James Swelgin

No
Picture
Available

Date: March 15, 2012

Diagnosis: Multiple Myeloma Stage 1

3 Updates
1-14-13 – 3-07-16 – 2-05-18

I started Poly in March of 2010
I take 3 teaspoons 4 times a day. Also 10,000 IU of D3, as well as COQ10 and Liver pills.

After a period in which I lost 25 pounds in about 2 months, and was feeling tired all the time, I went to see my Family Doctor in July of 2009 with blood test results. He didn't like what he saw, and referred me to an Oncologist. After **more blood tests, a bone marrow biopsy, and X-rays, I was diagnosed with Stage 1 Multiple Myeloma in January of 2010**, and the Oncologist gave me the "most likely scenario" of 6-9 months then I'll need to take Revlimid, then about 6 months later a possible stem cell transplant. I did not like what I was hearing, so I talked to some folks and checked the internet to find out more about MM.

A friend of mine had been told about PolyMVA and suggested I look it up on the internet. I called Gary Matson and we talked about my situation and the role Poly might play. When he told me the cost for his recommendation, I got myself back up on my chair, and said "Can I get back to you on that?"

My first shipment of Poly arrived in March of 2010. **For the next two years, up to and including the current time frame, I take the recommended amount.** During all this time, of course, I was visiting my Oncologists every three months, or more often, depending upon their schedule. During that period, I had more, X-rays, and MRIs and CT Scans. Prior to each visit I was getting blood drawn for testing to the necessary parameters to determine the status of my condition. It must have been about November 2010, that, because of my research on the internet, I also cut way back on any sugar intake (Cancer loves sugar). I found that you can't cut back 100% on sugar, since most foods have some.

My "numbers" stayed steady, out of spec, but ***steady for the past two years*** – no Revlimid, no stem cell transplant.

About 6 months ago **both my Oncologists agreed that I should have gotten worse,** but didn't, so they changed my diagnosis from Stage 1 to "Smoldering" Myeloma. They couldn't/wouldn't say why I was so steady and not getting worse, but they did say, **"Whatever you're doing, don't stop". So I won't. I told them I was taking PolyMVA**, and they asked for more info in it. I referred them to the web site.

So here I am, **2 years of Poly MVA, my numbers continue to be steady, and feeling fine, getting ready to celebrate the 70th anniversary of my birth in May**. I'll stay with "PolyMVA and friends", and the no sugar regimen.

I want to give a special thanks to Gary Matson and the ladies who take my monthly orders, for taking good care of me. Gary and I have talked and exchanged e-mails to track my condition, and the Customer Service ladies couldn't be more friendly and helpful. They are the best!

Jim Swelgin

1-14-2013

Attached is my most recent Blood Results. Note that **both my red and white count is below the minimum**, but others are still ok. The **Igg is down to 5100 range**, which is good (probably a bit of noise).

In addition to **polymva and the D3 and Liver** Pills, I'm taking Curcumin, Fish Oil for Omega-3, Magnesium, COQ10, and Bromelain. WOW, I don't know if 1 or 2 or what combination is working, but **I'm not stopping now**. My weight is steady at about 185 average over that last 4-5 months.

Cheers
Jim

3-07-2016
Attached is my blood test results. **These results, overall, are the best to date**.

Need less to say, **I'm pleased**. It is my plan that if the results were going the wrong way, that I would go to Mexico for another day.

However, **it appears to be under control**. I understand that it is a chronic disease and I just need to stay on my usual regime. But for now, I'm going to use Mexico as a tune up and **I'll be getting monthly to 6 weeks reports** to track my status.

Cheers,
Jim

2-5-2018
All numbers are in spec.

The **new/good news is the M-spike**. This is a measure of the abnormal protein cells in my blood.. This is one that was 0.5, then 0.1, then 0.5 again.

Well **this time the report said "not observed".** This means, in lab talk, that **there was such a small amount, if any, that it couldn't be measured**. I asked for a finer test next time.

Next meeting with Kosmo is in March.

Cheers,
Jim