Multiple Myeloma

Poly-MVA Cancer Patient Testimonials

Jean Kelly

No
Picture
Available

Date: 2009

Diagnosis: Multiple Myeloma Stage

1 Update
5-09-2019

I was **diagnosed with Multiple Myeloma in 2009** after several years of medical tests and doctor's visits trying to find a diagnosis. Initially when I was diagnosed it was **recommended to me that I take Thalidomide as this was the chemotherapy** drug that the oncologist felt was the "gold standard" for this disease. I had heard about this drug before and **did not want to take it due to the side effects of this medication**.

At that time I knew very little about Multiple Myeloma. I began reading and researching information so that I could educate myself about this disease and the treatment for it.

I sought advice from a friend that had told me that she had Multiple Myeloma. She appeared to be satisfied with her oncologist so I scheduled myself for an evaluation with him. After the evaluation **I was not satisfied with his recommendations** and I then scheduled an appointment at the Mayo Clinic in Jacksonville, Florida. I was assessed by one of the physicians there who had many years' experience working with Myeloma patients, so I decided to begin treatment there. He told me that I had **stage I MM** and he began **treating me with Revlimid and Dexamethasone.**

I began this regimen after having my stem cells harvested and banked at the Mayo Clinic for future use. **I was not able to continue the Dexamethasone due to my hypertension and cardiac arrhythmias**. I did continue to take the **Revlimid alone for approximately three years**.

My M-Spike became very low and the doctor decided to try me without any medications. I was able to stop taking the Revlimid in 2012 and was able to stay off any chemotherapy medications until 2018.

I first heard about Poly-MVA in 2013 when I read about it on the Internet. I was looking for some **supplement to support me so that my condition would remain stable** without taking any medication. I called AMARC initially and spoke with Toni there. **She was very knowledgeable about Poly-MVA** and encouraged me to try it and **I am happy that I did**.

I began taking it on and off initially at **4 teaspoons per day** and **then 2 teaspoons per day**. I felt that **it gave me energy** as I was feeling weak at the time, it also **gave me a general feeling of well-being**, and **I was able to take it without problems or conflicts with my other medication and supplements**, since I have other medical co-morbidities.

During the time that I was taking the Poly-MVA my M-Spike went to 0 and this is **the only time that I have had a 0 value for the M-spike** since being diagnosed with Multiple Myeloma. My M-spike did climb back to a low value and remained there **and I remained stable for the 6 years that I was on and off Poly-MVA**.

In June 2018 I began to feel weak and ill and **my numbers began climbing higher** than they had ever been. I tried vitamin C intravenously but I began having generalized body pain so I discontinued this. I **called AMARC and spoke with Toni and began taking Poly-MVA again**. I began taking **2 teaspoons per day**. I was started on Revlimid again and this time my lab values were higher. My platelets; WBC; HGB.; WBC; and HCT; became very low. I increased the Poly MVA some however; my standard dosage was 2 teaspoons-3 teaspoons per day.

I have been able to see an increase in these lab reports to more normal values due to the Poly-MVA. My numbers have declined some and **continue to slowly come down**.

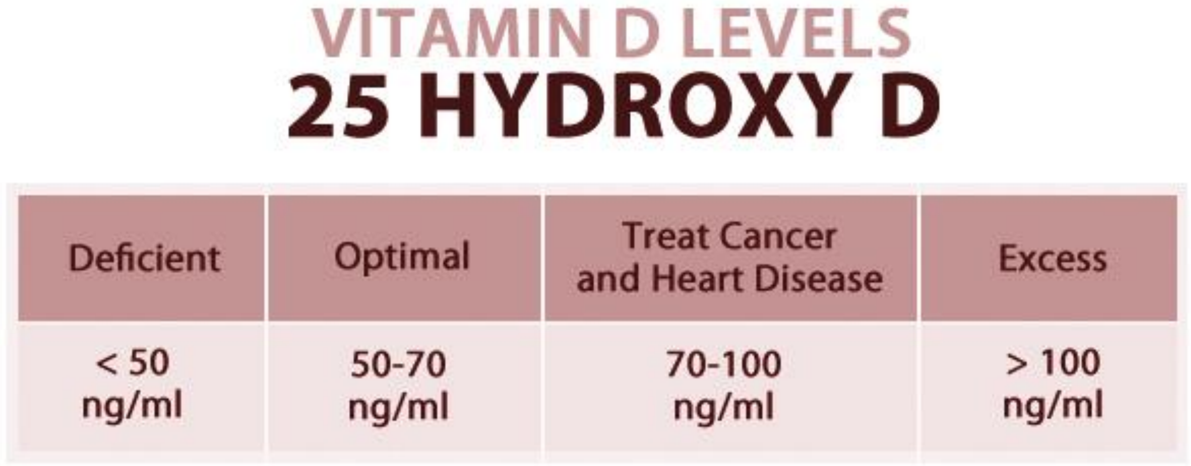
The **M-spike is now 1.7 at the last report** and I continue to take the Poly-MVA and the Revlimid. **The Poly-MVA has helped me to withstand some of the side effects of the Revlimid** since I am unable to take steroids. It has also helped the Revlimid so that my M-spike is now going lower. This is a big help to me. I trust and pray that **with Jehovah's help** and **Poly-MVA I will continue to improve**.

Jean

5-09-2019

Called and left Jean several messages and then, she called me back. We discussed her current health status and **her dosing levels of Poly**. She is doing well and maintaining her Marker levels but agreed that her condition **may require a higher dosing of Poly MVA** as well as an **increase in her daily Vitamin D3 dosing levels**.

She believes her **25-Hydroxy Vitamin D levels are around 30ng/ml**, per her last test. I explained to her that **30ng/ml is severely deficient** and referred her to the WHAT YOU MUST KNOW PAGE which shares **CLINICAL STUDIES about the crucial role Vitamin D plays in all cancers** as well as the chart below that shows she needs to **increase her daily dosing levels until she reaches 70-100ng/ml**.



VITAMIN D LEVELS
25 HYDROXY D

Deficient	Optimal	Treat Cancer and Heart Disease	Excess
< 50 ng/ml	50-70 ng/ml	70-100 ng/ml	> 100 ng/ml